

Shannon Shaughnessy

smsbaughnessy@miami.edu

EDUCATION

- 2022 – **University of Miami – Coral Gables, Florida**
APA-Accredited Ph.D. Program in Clinical Child Psychology
Master of Science Expected Spring 2025
Primary Research Mentor: Spencer C. Evans, Ph.D.
- 2016 – 2020 **University of Michigan – Ann Arbor, Michigan**
Bachelor of Arts in Psychology, minor in International Studies
High Distinction and High Honors, Phi Beta Kappa
GPA: 3.88/4.0
Honors Thesis: *Predictors of Character Strengths for Children Participating in the Kids' Empowerment Program*

AWARDS, HONORS, AND SCHOLARSHIPS

- 2022 **Graduate Research Fellowship Program, National Science Foundation**
Prestigious national fellowship given to graduate students in STEM fields (\$138000)
- 2022 **Dean's Fellowship, University of Miami**
Fellowship given to highly accomplished UM graduate students (\$76000)
- 2018 – 2020 **James B. Angell Scholar, University of Michigan**
Awarded to students with an "A" record for two or more consecutive terms
- 2020 **Conference Travel Award, University of Michigan**
Funding to present honors thesis research at a national conference (\$200)
- 2016 – 2019 **University Honors, University of Michigan**
Awarded to students with a 3.5 GPA or higher in a term
- 2019 **Martha Muenzer Memorial Award in Psychology, University of Michigan**
Awarded to an outstanding junior woman in the psychology honors program (\$2000)
- 2019 **Summer in South Asia Undergraduate Fellowship, University of Michigan**
Fellowship given to 10 students to conduct research in India (\$3000)
- 2019 **Longwood Fellowship, University of Michigan**
Funding given to 2 undergraduate students to conduct research abroad (\$2000)
- 2019 **India Internship Initiative Scholarship, University of Michigan**
Funding to conduct research and volunteer in India (\$4000)

RESEARCH EXPERIENCE

- 2022 – **Graduate Student, Child Affect & Behavior Lab**
University of Miami, Coral Gables, FL
Mentor: Spencer C. Evans, Ph.D.
- 2020 – 2022 **Intramural Research Trainee, Neuroscience and Novel Therapeutics Unit**
National Institute of Mental Health (NIMH), Bethesda, MD
Mentors: Melissa Brotman, Ph.D.; Ellen Leibenluft, M.D.
- Led independent project studying the link between labile mood and temper outbursts using ecological momentary assessment (HLM, SPSS)
 - Initiated independent analyses examining how low frustration tolerance impacts behavior during a cognitive control task (e.g., AX-CPT)
 - Pre-processed and analyzed behavioral data from a novel mobile application measuring deficits in motor inhibition (R, SPSS)
 - Submitted amendments and yearly review documents to the NIMH Institutional Review Board (IRB) for two protocols

- Guided pediatric patients with Disruptive Mood Dysregulation Disorder and Attention-Deficit/Hyperactivity Disorder through fMRI and behavioral tasks
- 2018 – 2020 **Lab Manager, Kids' Empowerment Program**
University of Michigan Department of Psychology, Ann Arbor, MI
Mentors: Sandra Graham-Bermann, Ph.D.; Andrea Roberts, Ph.D.
- Independently analyzed the influence of socioeconomic status and race on youths' character strength endorsement (SPSS)
 - Oversaw data collection for a longitudinal study on a novel skills-based program aiming to improve pediatric mental health through psychoeducation
 - Scheduled pre, post, and follow-up clinical interviews that assessed changes in internalizing and externalizing symptomatology
- 2019 **Monitoring and Evaluation Intern**
Enabling Leadership, Mumbai, India
Mentors: William Glover, Ph.D.; Clemente Beghi, Ph.D.
- Drafted and piloted a unique life skill assessment scale to measure the effectiveness of group programming on children's leadership skills
- 2017 – 2018 **Research Assistant, Culture and Mental Health Lab**
University of Michigan Department of Psychology, Ann Arbor, MI
Mentors: Joseph Gone, Ph.D.; Rachel Burrage, Ph.D.
- Led independent project examining the impact of institutional child abuse on Canadian Residential School survivors' cultural ceremony engagement
- 2017 **Research Assistant, Evolutionary Social Psychology Lab**
University of Michigan Department of Psychology, Ann Arbor, MI
Mentor: Joshua Ackerman, Ph.D.
- Conducted pain-placebo behavioral studies and collected saliva samples to understand the mechanisms underlying perceived disease threat

PUBLICATIONS

- Graham-Bermann, S. A., Roberts, A., Osbourne, M., **Shaughnessy, S.**, & Finkelstein, S. (2021). Improving mental health in school-age children through the Kids' Empowerment Program. *Psychological Services*. doi: 10.1037/ser0000591
- Naim, R., Smith, A., Chue, A., Grassie, H., Dombek, K., **Shaughnessy, S.**, McNeil, C., Cardinale, E., Agorsor, C., Cardenas, S., Brooks, J., Pine, D. S., Leibenluft, E., Brotman, M. A., & Kircanski, K. (2021). Using ecological momentary assessment to enhance irritability phenotyping in a transdiagnostic sample of youth. *Development and Psychopathology*. doi: 10.1017/S0954579421000717
- Naim, R., **Shaughnessy, S.**, Smith, A., Karalunas, S. L., Kircanski, K., & Brotman, M. A. (submitted). Real-time assessment of positive and negative affective fluctuations and mood lability in a transdiagnostic sample of youth.
- Finkelstein, S., Roberts, A., **Shaughnessy, S.**, Osbourne, M., & Graham-Bermann, S. A. (submitted). Developing and evaluating a measure of distressing events for school-age children.
- Osbourne, M., Roberts, A., **Shaughnessy, S.**, Finkelstein, S., & Graham-Bermann, S. A. (submitted). Associations of perseverance among school-aged youth.
- Shaughnessy, S.**, Roberts, A., Osbourne, M., Finkelstein, S., & Graham-Bermann, S. A. (in prep). Evaluating character strengths in a sample of children participating in a school-based well-being program.

PRESENTATIONS

-
- Shaughnessy, S.,** Naim, R., Pandya, U., Meigs, J., Kircanski, K., & Brotman, M. A. (2022, June 13-14). *Applying real-time ecological momentary assessment to capture changes in emotional lability over the course of a novel cognitive behavioral treatment trial for pediatric irritability.* Poster presented at the Society for Digital Mental Health annual convention, Virtual.
- Shaughnessy, S.,** Naim, R., Meigs, J., Dombek, K., Kircanski, K., & Brotman, M. A. (2022, March 17-2). *Applying ecological momentary assessment to examine the association between labile mood and phasic/tonic irritability in youth.* Poster presented at the Anxiety & Depression Association of America (ADAA) annual convention, Denver, CO.
- Shaughnessy, S.,** Pandya, U., Meigs, J., Dombek, K., Naim, R., German, R., & Brotman, M. A. (2022, February 13-15). *Leveraging real-time assessment to measure changes in temper outbursts in a cognitive behavioral therapy trial for pediatric irritability.* Poster presented at the Association for Cognitive Bias Modification annual convention, Virtual.
- Shaughnessy, S.,** Naim, R., Botz-Zapp, C., Dombek, K., Meigs, J., Kircanski, K., & Brotman, M. A. (2021, November 18-21). *Using ecological momentary assessment to understand the relationship between affective states and emotion dysregulation in a transdiagnostic sample of youth.* Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) annual convention, Virtual.
- Shaughnessy, S.,** Cardinale, E., Naim, R., Haller, S. P., Meigs, J., Botz-Zapp, C., Bezek, J., & Brotman, M. A. (2021, October 27-29). *Probing inhibitory control with a novel mobile application.* Oral presentation given at the 2021 Technology in Psychiatry Summit (TIPS), Virtual.
- Shaughnessy, S.,** Bezek, J., Pine, D. S., Brotman, M. A., Leibenluft, E., Kircanski, K., & Cardinale, E. (2021, September 24). *The moderating role of ADHD symptoms on deficits in proactive control in youth with irritability.* Poster presented at the NIMH Scientific Training Day annual convention, Virtual.
- Shaughnessy, S.,** Cardinale, E., & Brotman, M. A. (2021, June 30). *To inhibition and beyond: Probing inhibitory control with a novel intergalactic mobile application.* Oral presentation given at the National Institute of Mental Health Three Minute Talk Competition, Virtual.
- Shaughnessy, S.,** Cardinale, E., Naim, R., Haller, S. P., German, R. E., Botz-Zapp, C., Bezek, J., Meigs, J., & Brotman, M. A. (2021, April 27-29). *Preliminary validation from a novel mobile application to assess inhibitory control.* Poster presented at the NIH Postbaccalaureate Poster Day annual convention, Virtual.
- Shaughnessy, S.,** Osbourne, M., Roberts, A., Finkelstein, S., & Graham-Bermann, S. A. (2021, April 11-13). *Predictors of character strengths for children participating in the Kids' Empowerment Program.* Poster presented at the ResilienceCon annual convention, Virtual.
- Shaughnessy, S.** (2019, October 5). *My experience in India as a Summer in South Asia Fellow.* Oral presentation given at the 2019 Summer in South Asia Undergraduate Fellowship Symposium, Ann Arbor, MI.
- Shaughnessy, S.,** Burrage, R., & Gone, J. (2018, April 17-18). *Expressions of culture in testimonies of residential school survivors from Manitoba.* Poster presented at the Undergraduate Research Opportunity Program Spring Symposium, Ann Arbor, MI.

CLINICAL EXPERIENCE

- 2018 – 2020 **Lead Group Facilitator and Lab Manager, Kids' Empowerment Program**
 University of Michigan Department of Psychology, Ann Arbor, MI
Mentors: Sandra Graham-Bermann, Ph.D.; Andrea Roberts, Ph.D.
- Co-led five 12 week-long group interventions on regulating emotions and reducing externalizing behaviors

- Conducted semi-structured clinical interviews on traumatic events, depressive symptomatology, and aggressive behaviors
- 2018 – 2020 **Undergraduate Intern, University Center for the Child and Family**
University of Michigan, Ann Arbor, MI
Mentors: Cynthia Ewell Foster, Ph.D.; Erin Hunter, Ph.D.
- Observed pediatric patients during initial assessments and wrote behavioral observations for clinical discussions
 - Processed patient psychotherapy and testing records
- 2017 **Lifeguard and Waterfront Counselor**
Camp Starfish, Rindge, NH
Mentor: Jamie Mahnken, B.A.
- Lifeguard and camp counselor for children with behavior difficulties and/or diagnoses of externalizing disorders (e.g., Oppositional Defiant Disorder)
 - Intervened in severe temper outbursts to de-escalate campers and helped them integrate coping strategies into their daily routines

TEACHING EXPERIENCE

- 2019 – 2020 **Course Facilitator, ALA 171- Making the Most of Michigan**
University of Michigan, Ann Arbor, MI
Mentors: Patricia Gurin, Ph.D.; Martha Kirpes, Ph.D.
- Co-led a weekly two-hour seminar on professional development, campus resources, networking, and diversity for transfer students

VOLUNTEER EXPERIENCE

- 2020 – 2022 **College Readiness Tutor** (self-employed), Virtual
- Assisted high school graduates in applying for college and scholarships
- 2020 – 2021 **College Bound**, Washington DC
- Mentored students through high school and the college application process
- 2017 – 2019 **Wolverine Support Network**, Ann Arbor, MI
- Co-led weekly peer-to-peer support groups for college students
- 2018 **Emotions in Action**, Ann Arbor, MI
- Facilitated groups of students in weekly discussions of mental health

PROFESSIONAL AFFILIATIONS

American Psychological Association
 Association for Psychological Science
 Anxiety & Depression Association of America
 Psi Chi International Honors Society in Psychology

LANGUAGES AND SKILLS

- **Languages** – Spanish (Intermediate)
- **Software** – SPSS, HLM, R, and EndNote (Highly Proficient), ASEBA (Proficient), Python, Linux, and AFNI (Beginner)
- **Certifications** – American Red Cross CPR/First Aid Certified (August 2020), MRI Safety Certified (August 2020)
- **Relevant Trainings** – AFNI Bootcamp (October 2021), Introduction to Python (April 2021), NIMH Trainee Statistics Seminar (October 2020), Introduction to Experimental Statistics (July 2020)