

Ashley R. Karlovich

Curriculum Vitae

PERSONAL INFORMATION

Office Address **University of Miami**
Department of Psychology
5665 Ponce De Leon Boulevard
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HIGHER EDUCATION

Master of Science **University of Miami**, Coral Gables, FL
Expected Fall 2023 APA-Accredited Ph.D. Program: Clinical Psychology
Specialization in Children and Families
Thesis Chair: Spencer C. Evans, Ph.D.
Thesis Title: *Examining parenting behaviors as predictors of fine-grained dimensions of psychopathology in youth*

Bachelor of Arts **University of Arkansas**, Fayetteville, AR
May 2019 College of Arts and Sciences
Majors: Psychology, Spanish
GPA: 3.73

January 2018 to May 2018 **Universidad de Alicante**, Alicante, Spain
Study abroad experience
Area of Study: Spanish language, culture, history

ACADEMIC AWARDS AND ACTIVITIES

2023-2024 **Coalition for Advancement and Application of Psychological Science**, *Student Trainee/Member*

2022-2023 **Psychology Graduate Student Organization Board**, *Child Track Representative, Department of Psychology, University of Miami*

2021-2023 **Commendation for Excellence in Academic and Research Activities**, *Department of Psychology, University of Miami*

2019 **E.D. and Peggy Yancey Scholarship**, given to outstanding psychology graduate and undergraduate students, *Department of Psychology, University of Arkansas*

2015-2019 **Arkansas Alumni Board of Directors Scholar**, *University of Arkansas*

PUBLICATIONS

Evans, S.C., Corteselli, K., **Karlovich, A.R.**, Jensen-Doss, A., & Weisz, J. (in preparation). *Leveraging teacher reports of youth problems to guide measurement-based care: An extension and evaluation of two instruments.*

Lopez-Sosa, D., Simmons, K., **Karlovich, A.R.**, Mastalerz, N., & Evans, S.C. (in preparation). *Measuring aggression dimensions in diverse youth: The peer conflict scale in English and Spanish.* Invited manuscript in preparation for the Journal of the American Academy of Child & Adolescent Psychiatry.

- Karlovich, A.R.**, Shaugnessy, S. M., Simmons, K., & Evans, S.C. (under review). Toward greater specificity in the nonspecific: Estimating the prevalence of DSM-defined irritability and sleep symptoms in adolescents.
- Evans, S.C., Shaugnessy, S. M., & **Karlovich, A.R.** (under review). *Future directions in youth irritability*. Invited manuscript submitted to the Journal of Child Clinical and Adolescent Psychopathology.
- Evans, S.C., **Karlovich, A.R.**, Khurana, S., Edelman, A., Buza, B., Riddle, W., & Lopez-Sosa, D. (under review). *Evidence base update on the assessment of irritability, anger, and aggression in youth*. Invited systematic review submitted to the Journal of Clinical Child and Adolescent Psychology. [PROSPERO ID: CRD42021283556]
- Khurana, S., Wei, M., **Karlovich, A.R.**, & Evans, S.C. (under review). Irritability and suicidality in clinically referred youth: Clarifying the link and examining the roles of age and hope.
- Grassie, H.L., Comer, J.S., Evans, A., Peris, T., Pincus, D., Malloy, L., **Karlovich, A.R.**, Salem, H., & Ehrenreich-May, J. (under review). Hybrid education associated with worse psychological outcomes during the COVID-19 pandemic.
- Evans[^], S.C., Hamilton[^], J.L., Boyd, S., **Karlovich, A.R.**, Ladouceur, C.D., Silk, J.S., & Blysm, L.M. (in press). Daily associations between sleep and affect in youth at risk for psychopathology: The moderating role of externalizing symptoms. Manuscript invited for submission to *Research on Child and Adolescent Psychopathology* in consideration for forthcoming special issue.
[^]Equal contributions.
- Evans, S.C., & **Karlovich, A.R.** (2023). *Roads less traveled: New directions for novel outcomes in youth irritability research*. Invited editorial: Commentary on Yu et al. Prepared for the Journal of the American Academy of Child and Adolescent Psychiatry.
- Karlovich, A.R.**, Halliday, E.R., & Ehrenreich-May, J. (2023). Transdiagnostic models of child and adolescent anxiety disorders. In D. McKay & E. Storch (Eds.), *Handbook of Child & Adolescent Anxiety Disorders. section I (foundations of child & adolescent anxiety disorders)*. Springer. https://doi.org/10.1007/978-3-031-14080-8_9
- Karlovich, A.R.**, Fite, P.J., & Evans, S.C. (2022). Longitudinal associations between peer victimization and emotional symptoms in schoolchildren: The role of sleep quality. *School Mental Health*.
- Saez-Clarke, E., Comer, J.S., Evans, A., **Karlovich, A.R.**, Malloy, L., Peris, T., Pincus, D., Salem, H., & Ehrenreich-May, J. (2022). Development and validation of the Fear of Illness and Virus Evaluation (FIVE) COVID-19 scales for children – Caregiver-report. *Journal of Anxiety Disorders*.
- Tonarely, N.A., Phillips, D., Sáez-Clarke, E., **Karlovich, A.R.**, Kudryk, K., Lewin, A., & Ehrenreich-May, J. (2022). Applying the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents to Misophonia: A case example. *Evidence-Based Practice in Child & Adolescent Mental Health*. <https://doi.org/10.1080/23794925.2022.2025631>
- Ehrenreich-May, J., Halliday, E.R., **Karlovich, A.R.**, Gruen, R.L., Pino, A.C., & Tonarely, N.A. (2021). Brief transdiagnostic intervention for parents with emotional disorder symptoms during the COVID-19 pandemic: A case example. *Cognitive and Behavioral Practice*, 28(4), 690-700. <https://doi.org/10.1016/j.cbpra.2021.01.002>
- Lewin, A.B., Dickinson, S., Kudryk, K., **Karlovich, A.R.**, Harmon, S.L., Phillips, D.A., Tonarely, N.A., Gruen, R.L., Ehrenreich-May, J., & Small, B. (2021). Pilot trial of transdiagnostic cognitive behavioral therapy for misophonia in youth: Methods and preliminary cases. *Journal of Affective Disorders* 291, 400-408. <https://doi.org/10.1016/j.jad.2021.04.027>

Bilsky, S.A., Friedman, H.P., **Karlovich, A. R.**, Smith, M., Leen-Feldner, E.W. (2020). The interaction between sleep disturbances and anxiety sensitivity in relation to adolescent anger responses to parent adolescent conflict. *Journal of Adolescence* 84, 69-77. <https://doi.org/10.1016/j.adolescence.2020.08.005>

Ehrenreich-May, J., Gruen R. L., Sáez-Clarke, E., & **Karlovich, A. R** (2020, July). Tracking and Treating Youth and Caregiver Mental Health Difficulties in the Age of COVID-19. *InBalance*, 36(2), 4-5. <https://sccap53.org/publications/inbalance-newsletter/>

PRESENTATIONS

Milgram, L., **Karlovich, A. R.**, Halliday, E. R., Jensen-Doss, A., Ginsburg, G., & Ehrenreich-May, J. (2023, September). "Characterizing community mental health clinicians' use of a transdiagnostic and modular treatment for youth emotional disorders." Twenty-minute oral presentation presented at the 3rd International Conference on Transdiagnostic Approaches to Mental Health in Cambridge, United Kingdom.

Karlovich, A.R. & Evans, S.C. (2023, November). *Parental psychopathology as predictors of positive parenting*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

Simmons, K., Evans, S.C., & **Karlovich, A.R.** (2023, February 8-10). *Associations of sleep disturbance with anxiety, depression, and irritability in youth*. Poster presented at the 2023 Miami International Child and Adolescent Mental Health (MICAMH) Conference, Miami, FL.

Karlovich, A.R., Grassie, H., Comer, J., Ehrenreich-May, J., Evans, A., Malloy, L., Peris, T., Pincus, D., & Evans, S.C. (2022, November 17-20). Examining caregiver and child intolerance of uncertainty as predictors of child mental health trajectories during the COVID-19 pandemic. In O. Derella (Chair), *Pouring from an empty cup: Cognitive-emotional processes impacting caregiver and child adjustment during the COVID-19 pandemic*. [Symposium]. Accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.

Karlovich, A.R., Fite, P.J., & Evans, S.C. (2022). *Bidirectional pathways between peer victimization and emotional symptoms in youth: The moderating role of sleep quality*. Poster presented at the 2022 American Psychological Association Convention, Minneapolis, MN & Virtual.

DeFalco, A., **Karlovich, A.R.**, Pino, A., & Ehrenreich-May, J. (2021). *The Impact of Parental Beliefs about Anxiety on Youth Avoidance*. Poster presented at the Undergraduate Research, Creativity, and Innovation Forum (RCIF), University of Miami, Coral Gables, FL.

Karlovich, A.R., Halliday, E.R., Grassie, H., & Ehrenreich-May, J. (2021). *Preliminary findings for the feasibility of the telehealth delivery of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents* [Virtual]. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT).

Grassie, H., Comer, J., Evans, A., Peris, T., Pincus, D., **Karlovich, A.R.**, Salem, H., Saez-Clarke, E., & Ehrenreich-May, J. (2021). *Using network analysis to examine the interrelation of COVID-19 concerns and mental health symptoms in parents and children*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Virtual.

DeFalco, A., **Karlovich, A.R.**, Ehrenreich-May, J., & Tonarely, N.A. (2020). *Assessing the role of mindfulness in protecting against maladaptive COVID-19 fears and behaviors*. Poster presented at the meeting of the Anxiety and Depression Association of America (ADAA), Virtual.

Karlovich, A. R., Halliday, E.R., Tonarely, N.A., & Ehrenreich-May, J. (2020). *Exploring the feasibility of the unified protocol for transdiagnostic treatment of emotional disorders in children and adolescents with autism spectrum disorder symptoms*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), virtual.

- Karlovich, A. R.**, Bilsky, S., Nguyen, A., Dickerson, L., Smith, M. S., & Leen-Feldner, E. W. (2019). *Maternal posttraumatic stress symptoms and adolescent offspring anxiety: A laboratory-based evaluation*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Child and Adolescent Anxiety Special Interest Group, Atlanta, GA.
- Gournay, R., Bynion, T., Smith, M. S., **Karlovich, A. R.**, Feldner, M. T., Leen-Feldner, E. W. (2019). *"I hate myself:" Self-disgust is associated with self-reported symptoms of posttraumatic stress among trauma-exposed women as well as anxious arousal following standardized trauma cue presentation*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Atlanta, GA.
- Smith, M. S., Bilsky, S., **Karlovich, A. R.**, Gournay, R., Feldner, M. T., Leen-Feldner, E. W. (2019). *Emotion regulation of children with mothers of anxiety or traumatic disorders vs. children with mothers without anxiety or traumatic disorders*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Atlanta, GA.
- Karlovich, A. R.**, Smith, M. S., Bilsky, S., Feldner, M. T., & Leen-Feldner, E. W. (2018). *The interaction between emotion regulation and life stressors in relation to generalized anxiety disorder in adolescence*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, MD.
- Smith, M. S., **Karlovich, A. R.**, Bilsky, S., Feldner, M. T., & Leen-Feldner, E. W. (2018). *Relations among parental distress intolerance, adolescent motives for cigarette use, and adolescent cigarette smoking levels*. Poster presented at the Arkansas Psychological Association Annual Convention, Little Rock, AR.

CLINICAL PRACTICA

PSYCHOLOGICAL SERVICES CENTER

Department of Psychology, University of Miami

Outpatient Therapy Service

August 2022 to Present

Supervisors: Amanda Jensen-Doss, Ph.D., Jill Ehrenreich-May, Ph.D., Jamie Sherman, Ph.D.

Conduct weekly, outpatient individual therapy with children and adolescents from a population in the South Florida community. Participate as co-therapist conducting an empirically supported group intervention for children ages 6-12 with anxiety and mood-related concerns. Co-facilitate both parent and child portions of the group. Weekly individual and group supervisions involving case discussions, diagnosis and treatment planning, review of video tape, and discussions of case conceptualization. Participate in weekly therapy case conferences.

Assessment Service

June 2022 to Present

Supervisors: Meaghan Parladé, Ph.D., Kristin Lindahl, Ph.D.

Provide comprehensive psychoeducational assessments to children and adolescents with various learning and developmental disorders, including specific learning disorders in the areas of reading, writing, and math as well as language disorders, neurodevelopmental disorders, and ADHD. Assessment batteries included cognitive, achievement, and emotional/behavioral measures. Conduct intake interviews with parents, test administration with children and adolescents, scoring, interpretation, report writing, and formal feedback sessions with families. Individual supervision is provided throughout the assessment process. Participated in weekly assessment case conferences.

CHILD AND ADOLESCENT MOOD AND ANXIETY TREATMENT PROGRAM

Department of Psychology, University of Miami

Outpatient Therapy Service

August 2021 to Present

Supervisors: Jill Ehrenreich-May, Ph.D., Niza Tonarely-Busto, Ph.D., Jamie Sherman, Ph.D.

Provide evidence-based treatment to children and adolescents with a variety of anxiety and depressive disorders and autism spectrum disorder (ASD). Treatment orientation is primarily cognitive-behavioral with a focus on administering transdiagnostic cognitive-behavioral therapy, with integration of additional evidence-based therapeutic orientations (e.g., parent management training). Attend weekly group supervision meetings consisting of case discussions and review of video tape.

CLINICAL WORKSHOPS

Clinical Assessment and Therapy Case Conference (60 hours) Antonio Petruzzella, Ph.D., Sara Wigderson, Ph.D. University of Miami, Department of Psychology	2022-2023
Trauma-Focused Cognitive-Behavioral Therapy (10 hours) Online Training Course; Medical University of South Carolina	November 2022
Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children (8 hours) Jill Ehrenreich-May, Ph.D.; University of Miami, Department of Psychology	August 2021

RESEARCH EXPERIENCE: DEPARTMENT OF PSYCHOLOGY

THE CHILD AFFECT AND BEHAVIOR LAB

August 2021 to Present

Principal Investigator: Spencer C. Evans, Ph.D.

The Child Affect and Behavior Lab is a research program that focuses primarily on irritability and aggressive behavior in children and adolescents, including interests in developmental processes, assessment, and intervention. Responsibilities include:

- Conceptualizing and discussing research questions and ideas
- Executing and implementing research projects targeted for youth and families
- Manuscript and presentation preparation
- Develop and manage questionnaire-based surveys in Qualtrics
- Oversight and task delegation to lab manager and undergraduate research assistants
- Compilation of free, evidence-based resources for families in Miami-Dade County to support healthy child development
- Forwards and back-translation of surveys and participant recruitment materials from English and Spanish
- IRB and regulatory management

THE CHILD AND ADOLESCENT MOOD AND ANXIETY TREATMENT PROGRAM

August 2019 to August 2021

Principal Investigator: Jill Ehrenreich-May, Ph.D.

The Child and Adolescent Mood and Anxiety Treatment (CAMAT) program is a clinical research program dedicated to developing and testing state-of-the-art psychotherapy approaches for anxiety and depression in children and adolescents.

Responsibilities included:

- Track participants at all stages through the research program
- Audit participant charts to ensure proper recordkeeping and maintain regulatory standards
- Facilitate data collection by contacting families, directing undergraduates, and collaborating with clinicians
- Develop and manage surveys in Qualtrics and REDCap
- Conduct analyses for department and university presentations, conferences, and to inform research progress
- Manage database development and data entry
- Prepare and maintain IRB documents
- Assist in manuscript and presentation preparation
- Manage participant payments and petty cash reimbursements
- Conduct trainings on regulatory procedures with all new staff

PROFESSIONAL AFFILIATIONS

2022-Present American Psychological Association, Student Member
2021-Present Association for Behavioral and Cognitive Therapies, Student Member
2021-Present American Psychological Association, Division 53 (Society of Child Clinical and Adolescent Psychology)
2019-2021 Association for Behavioral and Cognitive Therapies, Post-baccalaureate Member
2017-2019 Society for Research in Child Development, Student Affiliate

REFERENCES

Spencer Evans, Ph.D.
Assistant Professor
Department of Psychology
University of Miami
sevans@miami.edu

Jill Ehrenreich-May, Ph.D.
Professor and Associate Chair for Graduate Studies
Department of Psychology
University of Miami
j.ehrenreich@miami.edu

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